



Certificate of Achievement

Suzie Bright

has completed the following course:

FOUNDATIONS IN DEMENTIA
THE UNIVERSITY OF NOTTINGHAM

The course provided the essential knowledge and understanding needed to care for people with dementia in a positive and person-centred way: causes and treatments, care pathways, law and ethics, communication, family carers, living and dying well with dementia.

6 weeks, 3 hours per week



Justine Schneider
Professor of Mental Health and Social Care
The University of Nottingham



Sarah Goldberg
Associate Professor, Health Sciences
The University of Nottingham



**University of
Nottingham**
UK | CHINA | MALAYSIA

The person named on this certificate has completed the activities in the attached transcript. For more information about Certificates of Achievement and the effort required to become eligible, visit futurelearn.com/proof-of-learning/certificate-of-achievement.

This certificate represents proof of learning. It is not a formal qualification, degree, or part of a degree.



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STUDY REQUIREMENT

6 weeks, 3 hours per week

LEARNING OUTCOMES

- Identify how lifestyle changes may reduce the risk of dementia
- Assess the signs and symptoms that may indicate dementia and describe the pathway to diagnosis and treatment
- Identify communication approaches which can support the person with dementia to communicate their needs
- Debate ethical aspects of decision-making in the light of English laws and guidelines (Mental Capacity Act 2005, Care Act 2014 etc)
- Describe the impact of caring on family supporters
- Explore the meaning of person-centred care in view of the diversity of people with dementia and their supporters, while reflecting on the influence of one's own culture, beliefs and values at all stages of dementia
- Demonstrate awareness of what it means to live well with dementia and the contribution of assistive technology in everyday care
- Assess strategies for pain management in palliative care and discuss how Advanced Decisions/Directives may be used in practice
- Apply evidence from research to support effective care for people with dementia

- Compare the impact of different interventions including medication and psychosocial approaches

SYLLABUS

- Week 1 - Inside the brain
- Week 2 - Assessment and treatment
- Week 3 - Law and ethics
- Week 4 - Communication skills
- Week 5 - Family and friends
- Week 6 - Living well with dementia and end of life care